



123RD PENN RELAYS RACE WALK ENTRY FORM

Date: Saturday, April 29th 2017

Time: Men's 10000m @ 7:00am, Women's 5000m @ 8:00am

Event Coordinator: Solomiya Login **Phone:** 215-801-2428 **Email:** s_miya2@hotmail.com

Use the following times as guidelines for qualifying. Quality performance at another distance may also be considered to fill each field.

Time Update: Qualifying Time updates will be accepted if RECEIVED by 4/3/2017.

Final qualifying race: Sunday, April 2, 2017 Pan-Am Cup Trials & Invitational in Philadelphia, PA

Qualifying Standards	Men's Standard (10000m)	Men's Equivalent (5000m)	Women's Standard (5000m)	Women's Equivalent (3000m)
High School	N/A	N/A	29:00	16:45
Junior (14-19)	54:00	25:30	29:00	16:45
Open (20+)	50:00	24:00	25:30	15:00
Masters (40+)	54:00	25:30	29:00	16:45

Fields are limited to 25 entrants for each race. Final selection is made by the Event Coordinator.

The Junior races are also part of the USA Race Walking Grand Prix. All athletes wishing to score must include their 2017 USATF # on the entry form.

Entry Deadline: RECEIVED by April 2, 2017 (Entries received after this date will be returned unopened.)

Entry Fee: \$20.00 – Make check payable to: *UPIA*.

Entry must include payment. Mail Entry form and payment to:

*Penn Relays Entry
Solomiya Login
P.O. Box 52683
Philadelphia, PA 19115*

Information on housing and directions to Franklin Field can be found at www.thepennrelays.com

2017 USATF Membership # _____ (Required for USA Race Walking Grand Prix)

First Name: _____ **Last Name:** _____

Name of: Club, Team or School: _____

Age on Race Date: _____ **Gender:** M / F **Division:** High School / Junior / Open / Masters

Entry Time/Distance: _____
(include meet/race name and date for verification)

Street Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Email:** _____

Each entrant is requested to complete the attached athletic resume. This information will be used by the announcer during the race to draw attention to your accomplishments.



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(Don't Write In This Box – Staff Only)

Athlete Resume

RACE NUMBER:

Name: _____

Gender: _____ Age: _____

Hometown: _____ State: _____

Name of School or Club: _____

of Years Competing: _____

Best Times (all distances):

Major Athletic Accomplishments:

Interesting Hobbies or Other Notes:
